



Organized by:
The Gymnastics Association of Hong Kong, China



Subvented by:
Leisure and Cultural Services Department

Hong Kong Artistic Gymnastics Open & Novice Championships 2022-2023

Judging Evaluation and Apparatus Requirement

Men's Artistic Gymnastics (MAG)

A. Judging Evaluation

(1) The Competition, unless otherwise specified, will adhere to FIG rules and Code of Points 2022-2024.

- D-score consists of Difficulty Value (DV), Composition Requirement (CR) and Connection Value (CV)
 - Open (Senior) : 10 elements (the highest 9 Elements and Dismount)
 - Open (Junior) : 8 elements (the highest 7 Elements and Dismount)
 - Intermediate and Novice : 7 elements (the highest 6 Elements and Dismount)
- E-score consists of Execution, Composition and Combination and Artistry of Presentation
 - Intermediate and Novice : 5 or more elements, subtracted from 10
 - 3-4 elements, subtracted from 7
 - 1-2 elements, subtracted from 3

Difficulty Value		
Group	Apparatus	
	Floor Exercise (FX), Pommel Horse (PH), Still Rings (SR), Parallel Bars (PB) and Horizontal Bars (HB)	Vault (VT)
Open (Senior)	A 0.1 · B 0.2 · C 0.3 · D 0.4 · E 0.5 · F 0.6 · G 0.7 · H 0.8 · I 0.9	per FIG Code of Point 2022-2024
Open (Junior)	A 0.1 · B 0.2 · C 0.3 · D 0.4 · E 0.5 · F 0.6 · G 0.7	per FIG Code of Point 2022-2024
Intermediate	A 0.3 · B 0.4 · C 0.5 · D 0.6	One Vault ONLY
Novice	A 0.3 · B 0.4 · C 0.5 · D 0.6	

(2) Composition Requirement (CR)

Each element group (EG) is worth 0.5 towards the routine's start value (with a maximum 2.0).

Open (Senior) and Open (Junior) : Per FIG Code of Point 2022-2024

Intermediate and Novice : Per Specified Composition Requirement Table

Specified Composition Requirement Table for Intermediate and Novice			
Group	Apparatus	EG	Composition Requirement (CR)
Intermediate	Floor Exercise (FX)	I	Non-acrobatic elements
		II	Acrobatic elements forward (salto/handspring)
		III	Acrobatic elements backward (salto/handspring)
		IV	Dismount using Salto element (Element II & III) *
	Parallel Bars (PB)	I	Elements in support or through support on 2 bars
		II	Elements starting in upper arm position
		III	Elements starting in long swings in hang and underswings
		IV	Dismount using Salto element *
	Horizontal Bar (HB)	I	Long hang swings WITHOUT turns
		II	Long hang swings WITH turns
		III	Inbar elements (including kip cast, inbar circle etc.)
		IV	Dismount using Salto element *
Novice	Floor Exercise (FX)	I	Non-acrobatic elements
		II	Acrobatic elements forward (salto/handspring)
		III	Acrobatic elements backward (salto/handspring)
		IV	Dismount using Handspring/Salto (Element II & III) *

* For the Element Group IV – Dismount,

Open (Senior) and Open (Junior) : Per FIG Code of Point 2022-2024

Intermediate and Novice : A: 0.1, B: 0.3, C: 0.5

(3) Connection Value (CV)

Open (Senior) and Open(Junior) : Per FIG Code of Point 2022-2024

Intermediate and Novice : FX – 0.2 for direct connection of two saltos
(Not applicable for same elements)

(4) Specified Difficulty Table for Intermediate and Novice

Specified Difficulty			Intermediate	Novice
Apparatus	EG	Skill	Difficulty	Value
FX	I	L-sit / Straddled L-sit (2 seconds)	0.1	0.1
		Headstand	/	0.1
	II	Forward roll	/	0.1
		Headspring	0.1	0.2
	III	Backward roll	/	0.1
		Cartwheel	0.1	0.1
		Cartwheel with 1/4 turn	0.1	0.1
Aerial Cartwheel (Tucked or Piked)(also straddled)		0.1	0.2	
VT		Backward Uprise Astride Vault	/	1.6
		Backward Uprise Squat Vault	1.6	1.6
		Start Value of Skills listed in the FIG Code of Points 2017-20	+1.0	+1.0
PB	I	Swing to Shoulder stand (2 seconds)	0.1	/
		Press to Shoulder stand (2 seconds)	0.1	/
	II	Backward uprise to support	0.1	/
		Forward uprise to support	0.1	/
	III	Glide kip to upper arm hang	0.2	/
		Long swing forward uprise to upper arm hang	0.1	/
		Long swing backward uprise to upper arm hang	0.1	/
		Moy to upper arm hang	0.2	/
	IV	Forward / Backward uprise with 1/2 turn dismount	0.1	/
		Handstand with 1/2 turn dismount	0.1	/
Salto Forward / Backward dismount (Tucked)		0.2	/	
From hang on end, Salto Backward dismount (Tucked) (Dismounts listed above fulfils 0.1CR)		0.2	/	
HB	I	Backward swing from Hang to Support	0.1	/
	I	Cast to Handstand	0.1	/
	I	Back Pullover	0.1	/
	II	From hang to Swing forward to hang with 1/2 turn.	0.1	/
	II	Pullover from hang swing	0.1	/
	III	Kip cast to support	0.1	/
	III	Inbar Circle element, including a. Forward Hip circle from support b. Backward Hip circle from support c. Forward straddled stoop circle d. Backward straddled stoop circle e. Forward stoop circle f. Backward stoop circle	0.1	/

	g. Cast through support to under swing forward to hang (swing to horizontal level)		
III	Free Hip Circle (handstand level not required)	0.1	/
IV	Cast through support to under swing forward dismount	0.1	/
	Sole Circle (piked or straddled) dismount(with or without 1/2 turn)	0.1	
	Cast to handstand with half turn over the bar dismount	0.1	
	Salto Forward / Backward dismount (Tucked or Piked) (Dismounts listed above fulfils 0.1CR)	0.2	

(Others elements are per FIG Code of Points 2022-2024)

B. Apparatus Specifications

All specifications of equipment provided by the Committee are per FIG unless otherwise stated. Open Senior and Junior: HB VT Landing area will be filling up by landing mats inside the foam pit Replacement or adjustment of apparatus without any notifications is **NOT** allowed.

Equipment for Intermediate and Novice are listed below:

Parallel Bars (PB)	Horizontal Bar (HB)	Floor Exercise (FX)	Vault (VT)
Intermediate (per FIG requirement)	Intermediate (per FIG requirement) (Landing area will be filling up by landing mats inside the foam pit)	Intermediate 12m X 12m	Intermediate 1.15m / 1.25m Vaulting Table (Landing area will be filling up by landing mats inside the foam pit)
		Novice 14m X 1.5m (Set on 14m x 1.5m x 8cm folding mat on floor)	Novice 1m Horizontal Box

The final resolution of all competition rules, the Chinese version shall prevail.